Mental health e-course

CPPE

CENTRE FOR PHARMACY POSTGRADUATE EDUCATION

Would you like to feel more confident about supporting people with mental illness; learn more about mental illness and how they are managed; explore new ways to improve outcomes for people with mental illness using a person-centred approach?

We have developed the *Mental health* **e-course** to equip you with the knowledge and skills to support people with mental illness that you encounter in your practice. At the end of the course you will feel more confident in providing advice to people with mental illness and will be ready to deliver a high-quality service.

Who has this course been developed for?

This course is suitable for all pharmacists, pharmacy technicians and pre-registration pharmacists working in any sector who have an interest in people with mental illness or an identified learning need. Pharmacy professionals may meet people with a mental illness in any setting, be that in a community pharmacy, a GP surgery or a medical or surgical hospital ward. This is not necessarily a course for specialists in mental health.

What will I learn during the course?

This course will run as an interactive live course, which starts on Monday 8 January 2018 and runs for a period of eight weeks. We estimate that you will probably need to commit to five to six hours of learning each week.

Week 1	Introduction to mental health
Week 2	Depression
Week 3	Anxiety and sleep disorders
Week 4	Bipolar disorder
Week 5	Schizophrenia
Week 6	Older people and dementia
Week 7	Children and adolescents
Week 8	Supporting people with mental illness, caring for people in all settings and transfer-of-care issues

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More about this course
Each week you will be given specific learning tasks, which may involve reading learning materials, accessing websites and completing quizzes. In addition to sharing experiences and learning from each other in the discussion forums. Find out more about the course **here**.

Is there a specific time to log in for the interactive learning?
There is no specific time that you will need to log in as the course is flexible, but each week there will be a different discussion topic which will be available for you to view and contribute to. By participating in an active online learning community you can share ideas of best practice and there will be support from an online tutor who will be available for questions and will monitor some of the interactive activities to help stimulate discussions.

When does it start?
The course starts on **Monday 8 January 2018** and runs for eight weeks.

How do I book on?
- Log into CPPE at: **www.cppe.ac.uk** and enter 'mental health' into the search box and choose *Mental health* e-course.
- Alternatively **click here** to go directly to the *Mental health* e-course information page.
- Click on 'Book a place' (you need to be logged into the CPPE website).
- Then follow the instructions to book your place.
- Once you have booked your place you will be sent a link to register with the e-course.
- Please check that we have your most up-to-date email address. You can update it in your profile on the *My CPPE* section of the website.
- Once you are registered, you can log directly into your course through **Canvas**.

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Starts on: Monday 8 January 2018

Visit: www.cppe.ac.uk and book on today.