

We recommend that you access the following e-learning programmes to further your understanding of wound management.

e-learning for healthcare – Pressure ulcers/skin care programme

This programme forms part of the *Geriatric Medicine* (MCE) course and can be accessed via the [e-learning for healthcare \(elfh\) learning modules](#) on the CPPE website. There are three sections:

- Preventing pressure ulcers
- Leg ulcers
- Adult lymphoedema

Although this learning is aimed at nursing staff, the information is still relevant to and can be used by pharmacy professionals.

Preventing pressure ulcers

This section aims to support clinical healthcare workers to become more aware of the key aspects of pressure ulcer prevention. Developing a pressure ulcer can be a painful and unpleasant experience, but many pressure ulcers are believed to be avoidable.¹

Leg ulcers

This section outlines a structured approach to diagnosing the cause of lower leg ulceration, including the identification of aggravating factors and appropriate use of investigations.

Adult lymphoedema

This section describes a patient with swelling of the lower limbs and illustrates the steps required to establish a diagnosis and instigate an appropriate management plan.

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These [e-learning modules](#) can be accessed through [free registration](#) on the L&R Medical UK website. Please note that this e-learning is sponsored by L&R, who produce a range of dressings and wound care products.

Although there are many modules that you may wish to work through, some of which are accredited by the Royal College of Nursing, we recommend the following:

- [Wound debridement](#)
- [Wound assessment](#)
- [Wound bed preparation](#)
- [Wound management](#)
- [Theory of compression](#)
- [Lower leg wound CQUIN](#)

Further resources

There are several resources for wound management:

- National Institute for Health and Care Excellence (NICE) – [Injuries, accidents and wounds](#)
- NICE Clinical guideline [CG179] – [Pressure ulcers: prevention and management](#)
- Wound UK – [Wound care and dressing selection for pharmacy teams](#)
- University Centre for Nursing and Midwifery, Ghent University – [The Ghent Global IAD \[Incontinence Associated Dermatitis\] Categorisation Tool](#) (Version 1.0)
- National Wound Care Strategy Programme – [Pressure ulcers](#), [Lower limb wounds](#), [Surgical wounds](#)

- elfh – [Wound care education for the health and care workforce](#)
- European Wound Management Association – [EWMA e-learning – Wound management for health care professionals](#)
- PocketMedic – [Lymphoedema Education \(videos\)](#)
- Medicareplus International – [Challenges in skin tone assessment in moisture-associated skin damage](#)
- Wounds UK – [Best practice statement: addressing skin tone bias in wound care: assessing signs and symptoms in people with dark skin tones](#)
- Wounds UK – [Consensus document: compression therapy for pharmacy teams](#)
- International Wound Infection Institute – [Wound infection clinical practice: principles of best practice](#)
- [Legs Matter – Leg Health & Foot Care Information & Advice](#)
- International Skin Tear Advisory Panel (ISTAP) – [Resources & Downloads](#)

Find out if there are any wound care guidelines or a dressing formulary that should be used in your locality.

External websites

CPPE is not responsible for the content of any non-CPPE websites mentioned on this page or for the accuracy of any information to be found there.

All web links were accessed on 6 July 2023.

Reference

1. Office for Health Improvement and Disparities. [Pressure ulcers: applying All Our Health](#). 10 June 2022.

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