

# Factsheet

## Learning disabilities

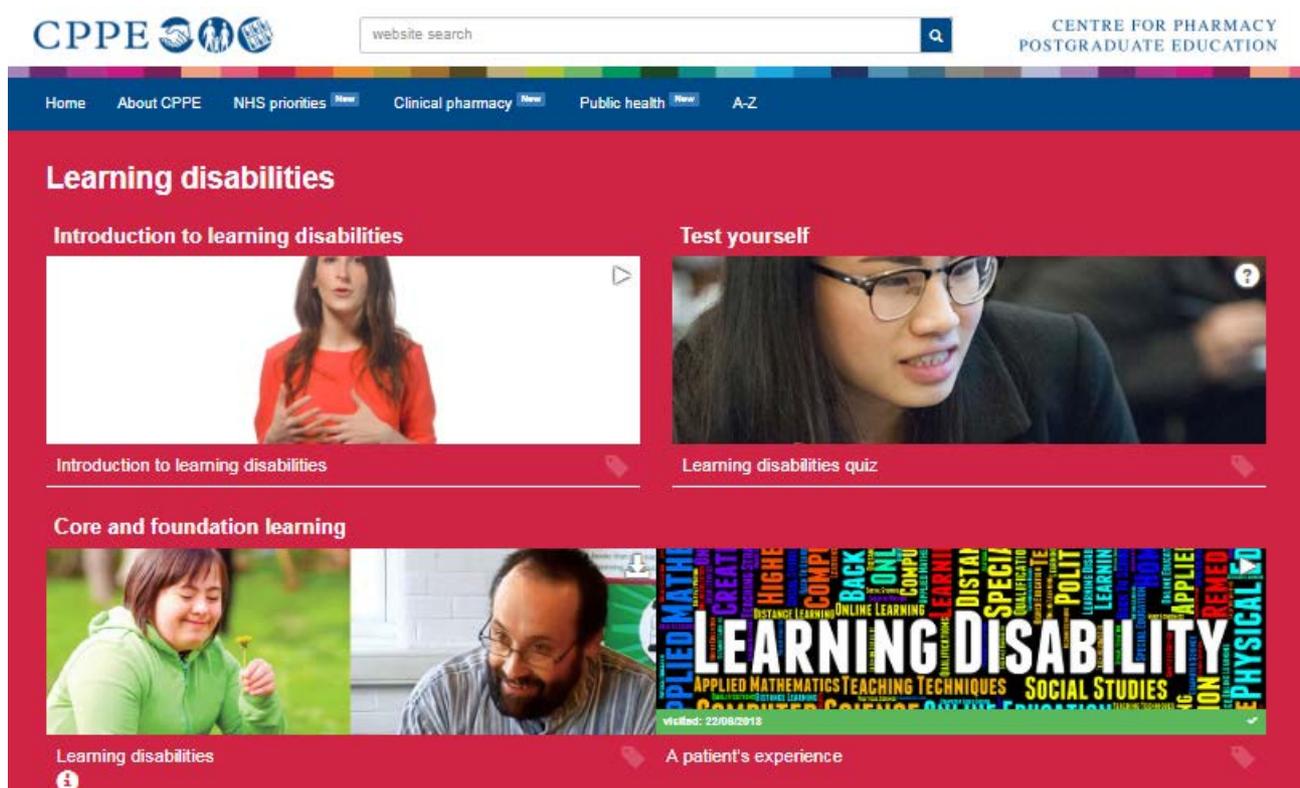
### Key resources

Public Health England's [Learning disabilities: Applying All Our Health](#) guidance covers what a learning disability is, the impact this has on a person's health and outlines core principles for health professionals.

### Learning disabilities learning gateway

CPPE's [Learning disabilities](#) learning gateway offers a collection of resources looking at how to support people with learning disabilities.

Access and work through the resources on the learning gateway. After watching the introduction video, the best place to start is the *Test yourself* quiz. This will help you identify any gaps in your knowledge so that you can access the resources that will help to further your learning in this area.



### Further resources

The following Public Health England document, [Improving the health and wellbeing of people with learning disabilities](#), is a guidance document for care providers and commissioners to support the implementation of the [Health charter for social care providers](#).

Public Health England have also published the guidance, [Pharmacy and people with learning disabilities: making reasonable adjustments to services](#), which provides useful information specific to providing pharmacy services to people with learning disabilities.

The Joseph Rowntree Foundation, an independent social change organisation working to solve UK poverty, offers a set of resources to help care staff, GPs and carers to recognise and treat pain in people who have difficulty communicating, such as those with a learning disability or dementia – [Pain management for older people with learning difficulties and dementia](#). Please note, this

resource contains terminology now considered outdated, and the term 'learning difficulty' should now be replaced by 'learning disability'.

[GP mythbuster 53: Care of people with a learning disability in GP practices](#) covers the expectations of the Care Quality Commission when they inspect GP practices.

### Assessing capacity

This Social Care Institute for Excellence webpage [Assessing capacity](#) covers what mental capacity is and when it may need to be assessed, variations in capacity, who should assess capacity and record keeping.

The Office of the Public Guardian [Mental Capacity Act Code of Practice](#) guidance offers practical guidance for those who work with and those who care for people who can't make decisions for themselves.

### Stopping over medication of people with a learning disability, autism or both (STOMP)

NHS England's [Stopping over medication of people with a learning disability, autism or both \(STOMP\)](#) webpage introduces the STOMP project. It also links to resources commissioned by NHS England such as the [Medication pathway](#) for family carers produced by [The Challenging Behaviour Foundation](#).

### Supporting Treatment and Appropriate Medication in Paediatrics (STAMP)

NHS England's [Supporting treatment and appropriate medication in paediatrics \(STAMP\)](#) webpage introduces the STAMP project, which aims to support children and young people with a learning disability, autism or both. You can read about the principles of STAMP-STAMP and look at the resources to support it, such as the pledge, on the NHS [STOMP-STAMP pledge resources](#) webpage.

### Resources from NICE

You may find the following resources from the National Institute for Health and Care Excellence (NICE) useful:

#### NICE guidance

- NICE guideline [NG96], [Care and support of people growing older with learning disabilities](#), 2018.
- NICE guideline [NG93], [Learning disabilities and behaviour that challenges: service design and delivery](#), 2018.
- NICE guideline [NG54], [Mental health problems in people with learning disabilities: prevention, assessment and management](#), 2016.
- NICE guideline [NG11], [Challenging behaviour and learning disabilities: prevention and interventions for people with learning disabilities whose behaviour challenges](#), 2015.

#### NICE quality standards

- NICE quality standard [QS101], [Learning disability: behaviour that challenges](#), 2019.
- NICE quality standard [QS187], [Learning disability: care and support of people growing older](#), 2019.
- NICE quality standard [QS142], [Learning disability: identifying and managing mental health problems](#), 2017.

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### External websites

CPPE is not responsible for the content of any non-CPPE websites mentioned on this page or for the accuracy of any information to be found there.

All web links were accessed on 11 July 2023.

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