

Declaration of Competence for pharmacy services

Improving Inhaler Technique Service

The Declaration of Competence system

A separate document entitled *A guide to using the Declaration of Competence (DoC) system* is published on the CPPE website. It contains more information about the DoC system, how to use it and how to complete the DoC statement. If you are new to DoC or would like a reminder of this information, visit the [CPPE website](#).

Keeping up to date

To provide the **Improving Inhaler Technique Service** you should complete the following Declaration of Competence framework at least once every **two years**.

Section A – Declaration of Competence framework

Note: Although you may not be preparing to provide a commissioned service for Improving Inhaler Technique, the Declaration of Competence system can be used as a development tool to ensure you are competent in this subject area, as part of your daily practice.

Core competencies

1. Do you meet or are you **actively**¹ working towards the Consultation Skills for Pharmacy Practice: Practice Standards for England, as determined by Health Education England?
Yes, because I have:

2. Do you meet the competencies expected of all healthcare professionals with regard to safeguarding children and vulnerable adults?
Yes, because I have:

¹ If you confirm that you are 'actively working towards' the standards, you are declaring that you are undertaking the relevant learning and CPD to meet the standards. It is expected that you will have accessed the standards and associated learning to meet this requirement and that you will complete the assessment within 12 months of signing the Declaration of Competence statement.

As a pharmacy professional you should continuously seek to develop your consultation skills throughout your career and, therefore, this topic should regularly feature in your CPD plan. To access the assessment, go to the [CPPE website](#). If you have not yet completed the assessment, you should be able to provide evidence of the consultation skills learning you have undertaken.

Service-specific competencies: Are you/Do you?

Statements should be supported by appropriate evidence whenever possible. If the learning you have completed applies to more than one competency then you do not need to repeat this information. You can use this table for your own self-assessment purposes; you only need to submit this part of the DoC if your commissioner asks for it.

a. Are you able to explain the differing clinical presentations and management for asthma and COPD?

Yes, because I have undertaken the following:

b. Do you understand the pharmacotherapy and rationale of treatment options for the full range of available medication to treat asthma and COPD?

Yes, because I have undertaken the following:

c. Are you aware of the latest clinical guidance for the treatment of asthma and COPD?

Yes, because I have undertaken the following:

d. Do you understand when it may be appropriate to step up or step down a patient's inhaled medication treatment, and where to refer the patient if a change of medication/dosage/device is required?

Yes, because I have undertaken the following:

e. Can you explain how to use, clean, store and replace prescribed inhaler devices and spacer devices and explain the key differences in inhaler technique and inspiratory flow?

Yes, because I have undertaken the following:

f. Are you able to assess a patient's inspiratory flow using an appropriate device to support you and correct their inspiratory flow where necessary?

Yes, because I have undertaken the following:

- g. Are you able to support patients in achieving optimum treatment by assessing inhaler technique and identifying and correcting any problems that may affect the patient's ability to take the inhaled medication and manage their condition, including:
- demonstrating and training patients on good inhaler technique
 - ensuring patients know which inhaler is used for what purpose
 - exploring reasons for non-adherence
 - managing adverse effects
 - signposting to relevant resources including online resources
 - encouraging smoking cessation if necessary
 - promoting the uptake of pneumococcal and flu vaccinations?

Yes, because I have undertaken the following:

- h. Can you act on referrals from and make referrals to other healthcare professionals?

Yes, because I have undertaken the following:

- i. Are you able to proactively promote a service that helps patients to improve their inhaler technique?

Yes, because I have undertaken the following:

- j. Are you able to support and develop the pharmacy team in the provision of a safe and effective service?

Yes, because I have undertaken the following:

- k. Can you demonstrate the appropriate infection prevention and control measures that are applicable to this service?

Yes, because I have undertaken the following:

Commissioner requirements

Consider the following commissioner requirements and complete this section. Pharmacy professionals should be aware that service specifications, documentation and contact details may vary from one local area to another; therefore, you must ensure that you are familiar with the local service and documents in the locality in which you are providing this service.

Action	Competency	Date completed	Date review due
Have a working knowledge of the most recent service documents relating to provision of the service, including: <ul style="list-style-type: none"> the service specification claims procedures etc. 	h, i, j		
Review and/or develop relevant standard operating procedures (SOPs) and policies in your practice	h, i, j, k		
Undergo face-to-face inhaler technique training, if required.	e, f, g		

Practical training for the Improving Inhaler Technique Service

Associated practical training is likely to be beneficial in assisting a pharmacy professional in meeting the competencies in the DoC framework. This may be a requirement of the service specification. Please list any practical training you have completed in this table.

Training/learning/competencies/assessment (list below)	List competencies covered from DoC framework
Title of practical training: Practical training provider: Date practical training completed:	

Section B – Recommended learning and assessment

Table 1.1 contains details of the learning and assessment available to support you in meeting the core professional competencies within the self-assessment framework.

Table 1.2 contains details of CPPE learning programmes and assessments you can use to help develop your skills and knowledge to satisfy the service-specific competencies in the self-assessment framework.

Table 1.3 provides information on other associated learning.

Information relating to learning acquired from other training providers can be entered in Table 1.4.

1.1 Learning and assessment to meet core competencies

Training/learning	Core competencies linked to the DoC framework
CPPE <i>Consultation skills for pharmacy practice: taking a patient-centred approach</i> distance learning	1
<u>CPPE <i>Consultation skills: what good practice looks like</i> e-learning</u>	1
<u><i>Consultation skills for pharmacy practice</i> website</u>	1
CPPE <i>Consultation skills for pharmacy practice</i> e-assessment	1
CPPE <i>Safeguarding children and vulnerable adults</i> e-learning	2
CPPE <i>Safeguarding children and vulnerable adults</i> public health workshop	2
CPPE <i>Safeguarding children and vulnerable adults</i> e-assessment	2
<u>Health Education England <i>Spotting the signs of child sexual exploitation</i></u>	2

1.2 CPPE programmes, workshops and assessments you could access if required

Training/learning	Service-specific competencies linked to the DoC framework
CPPE <i>Fundamentals of respiratory therapeutics</i> e-course (Units 1-5)	a, b, c, d, e, f, g
CPPE <i>Inhaler technique</i> practical training event	e, f, g
CPPE <i>Inhaler technique</i> e-learning programme	e, f, g
CPPE <i>Asthma</i> focal point	a, b, c, d, g
CPPE <i>COPD</i> focal point	a, b, c, d, g

1.3 Other associated learning you may wish to access

Training/learning	Service-specific competencies linked to the DoC framework
<u>EMC inhaler training videos</u>	e, g
<u>Asthma UK inhaler training videos</u>	e, g
<u>NHS England and NHS Improvement. <i>Guidance and standard operating procedures: Community pharmacy in the context of coronavirus (COVID-19)</i></u>	k
<u>Public Health England. <i>COVID-19: infection prevention control guidance</i></u>	k

1.4 Learning and assessment completed from other training providers

You can complete training courses and workshops delivered by other trainers, provided that they deliver the equivalent knowledge and learning outcomes to meet the competencies in Section A (as with the CPPE programmes listed). You should list non-CPPE learning and assessments you have completed in the table below.

Training/learning/competencies/assessment (list below)	List competencies covered from DoC framework

Section C – Tools to support your professional development

The following reference guide includes professional standards and frameworks referred to in *A guide to using the Declaration of Competence (DoC) system*. Working through the reflective process of the DoC system will support you when considering these standards and frameworks to develop your practice and progress in your career.

1. Royal Pharmaceutical Society (RPS) Professional Standards for Public Health Practice for Pharmacy

The Declaration of Competence aligns to the following standards to support you in developing your services:

- Standard 3.0 Assessing the evidence of effectiveness of health and healthcare interventions, programmes and services
- Standard 4.0 Health improvement
- Standard 5.0 Health protection
- Standard 6.0 Health and social service quality (also known as healthcare public health)
- Standard 8.0 Strategic leadership and collaborative working for health
- Standard 9.0 Academic public health

2. Consultation Skills for Pharmacy Practice: Practice Standards for England

3. RPS Foundation Pharmacy Framework

4. RPS Advanced Pharmacy Framework (APF)

5. APTUK Foundation Pharmacy Framework

Reassessment of competence

Pharmacy professionals are responsible for reassessing their competence to provide this service on an ongoing basis by responding to new guidance, standards and any relevant new learning programmes and assessment. In addition, you should complete the DoC system at least once every **two years** (please also see note above referring to practical training). This should involve revisiting the self-assessment of competencies, reflecting on each competency and identifying personal learning needs to assure self-declaration again at this point. Where changes are introduced to the service, pharmacy professionals will need to update themselves as part of their usual CPD.