

Declaration of Competence for pharmacy services

Oral Contraception Service with the use of a patient group direction (PGD)

The Declaration of Competence system

A separate document entitled *A guide to using the Declaration of Competence (DoC) system* is published on the CPPE website. It contains more information about the DoC system, how to use it and how to complete the DoC statement. If you are new to DoC or would like a reminder of this information, visit the [CPPE website](#).

Keeping up to date

To provide the **Oral Contraception Service** you should complete the following Declaration of Competence framework at least every **two years**.

Revalidation

Working through this DoC framework encourages self-reflection on practice and peer review and provides a structured approach to supporting pharmacy professionals with CPD and revalidation requirements. For more information about revalidation and to record your entries, visit: www.mygphc.org.

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Section A – Declaration of Competence framework

Note: Although you may not be preparing to provide a commissioned service for oral contraception, the Declaration of Competence system can be used as a development tool to ensure you are competent in this subject area, as part of your daily practice.

Core competencies

1. Do you meet or are you **actively**¹ working towards the Consultation Skills for Pharmacy Practice: Practice Standards for England, as determined by Health Education England (now NHS England)?

Yes, because I have:

2. Do you meet the competencies expected of all healthcare professionals with regard to safeguarding children and vulnerable adults?

Yes, because I have:

¹ If you confirm that you are 'actively working towards' the standards, you are declaring that you are undertaking the relevant learning and CPD to meet the standards. It is expected that you will have accessed the standards and associated learning to meet this requirement and that you will complete the assessment within 12 months of signing the Declaration of Competence statement.

As a pharmacy professional you should continuously seek to develop your consultation skills throughout your career and, therefore, this topic should regularly feature in your CPD plan. To access the assessment, go to the [CPPE website](#). If you have not yet completed the assessment, you should be able to provide evidence of the consultation skills learning you have undertaken.

Service-specific competencies: Are you/Do you? Pharmacist-only service

Statements should be supported by appropriate evidence whenever possible. If the learning you have completed applies to more than one competency, you do not need to repeat this information. You can use this table for your own self-assessment purposes; you only need to submit this part of the DoC if your commissioner asks for it.

- a. Do you understand the different types and methods of hormonal contraception and non-hormonal contraception including long-acting reversible contraception (LARC), their use, advantages, failure rates and complications?

Yes, because I have undertaken the following:

- b. Do you understand the choices for contraception based on their pharmacology, mode of action, side-effects and contra-indications, and the appropriate clinical guidance (eg, NICE, Faculty of Sexual and Reproductive Healthcare) supporting those choices?

Yes, because I have undertaken the following:

- c. Can you demonstrate that you can discuss sex and contraception openly yet sensitively with individuals? This includes supporting those whose gender identity differs from their gender assigned at birth.

Yes, because I have undertaken the following:

- d. Are you able to take a detailed and appropriate medical and sexual history which includes family medical history (including age and smoking status), current medical conditions, reproductive health, previous and current medicines, and also includes identification of risk of:

- sexually transmitted infections
- HIV, hepatitis B and/or hepatitis C
- pregnancy?

Yes, because I have undertaken the following:

e. Are you able to conduct the clinical assessments required, which include, as a minimum, blood pressure measurement, body mass index (BMI) calculation, age and smoking status?

Yes, because I have undertaken the following:

f. Are you able to establish the most appropriate contraceptive options for an individual based on suitability of product and the individual's needs and preferences, while taking into account the risk of user failure?

Yes, because I have undertaken the following:

g. Can you demonstrate that you can provide information and guidance to allow an individual to make an informed choice as to the most appropriate form of contraception for them?

Yes, because I have undertaken the following:

h. Are you able to advise on the use of regular methods of contraception, including quick start and what to do if an individual has:

- missed doses
- experienced problems or side effects
- requires emergency contraception?

Yes, because I have undertaken the following:

i. Are you able to advise on the risks of STIs and how to practise safer sex, including condom use?
Yes, because I have undertaken the following:

j. Do you understand how, when and where to refer individuals (eg, if a non-PGD product, such as LARC is preferable) and when to ask for support and advice?
Yes, because I have undertaken the following:

k. Can you provide advice on stopping oral contraceptives for reasons such as planning to start a family or changing to an alternative form of contraception?
Yes, because I have undertaken the following:

l. Are you able to support and develop the pharmacy team in the provision of a safe and effective service?
Yes, because I have undertaken the following:

m. Can you satisfy the NICE competency framework for health professionals using PGDs, including understanding the legal implications and professional responsibility of using a PGD?
Yes, because I have undertaken the following:

n. Are you able to demonstrate knowledge of the clinical content of the relevant PGD(s)?
Yes, because I have undertaken the following:

Commissioner requirements

Consider the following commissioner requirements and complete this section.

Action	Competency	Date completed	Date review due
Have a working knowledge of the most recent service documents relating to provision of the service, including: <ul style="list-style-type: none"> the service specification administration and claims procedures, etc. 	m, n		
Have a working knowledge of the current PGD and agree to work under its provision.	m, n		
Where appropriate, review and/or develop relevant standard operating procedures (SOPs) and policies in your practice.	l		

Section B – Recommended learning and assessment

Table 1.1 contains details of the learning and assessment available to support you to meet the core professional competencies within the self-assessment framework.

Table 1.2 contains details of CPPE learning programmes and assessments you can use to help develop your skills and knowledge to satisfy the service-specific competencies in the self-assessment framework.

Table 1.3 provides information on other associated learning.

Information relating to learning acquired from other training providers can be entered in Table 1.4.

1.1 Learning and assessment to support you to meet core competencies

Training/learning	Core competencies linked to the DoC framework
CPPE Consultation skills for pharmacy practice: taking a patient-centred approach distance learning	1, c and g
CPPE Consultation skills: what good practice looks like e-learning	1
Consultation Skills for Pharmacy Practice website	1
CPPE Consultation skills for pharmacy practice e-assessment	1, c and g
CPPE Culturally competent communication in person-centred care e-learning	1
elearning for healthcare Safeguarding adults Level 1	2
elearning for healthcare Safeguarding adults Level 2	2
elearning for healthcare Safeguarding children Level 1	2
elearning for healthcare Safeguarding children Level 2	2
CPPE Safeguarding children, young people and adults: Level 2 case studies for pharmacy professionals e-learning	2
Health Education England Spotting the signs of child sexual exploitation	2

1.2 CPPE programmes, workshops and assessments you could access if required

Training/learning	Service-specific competencies linked to the DoC framework
CPPE Contraception e-learning programme	a, b, c, f, g, h, i, j, k, l
CPPE Contraception e-assessment	a, b, c, f, g, h, i, j, k, l
CPPE Sexual health in pharmacies e-learning programme	c, d

1.3 Other associated learning you may wish to access

Training/learning	Service-specific competencies linked to the DoC framework
NICE MPG2: Patient group directions	m
NICE competency framework for health professionals using patient group directions	m
Faculty of Sexual and Reproductive Healthcare clinical guidance eg, Quick Starting Contraception, Method Specific Guidance	a, b, d, f, g, h, i, j, k, l
British Association for Sexual Health and HIV (BASHH) National guideline for consultations requiring sexual history taking	a, d, e
Faculty of Sexual and Reproductive Healthcare and elearning for healthcare. Sexual and Reproductive Healthcare programme: Course 10 – Needs of specific groups, session 02 – Needs of people who identify as LGBTQ or non-binary	c
elearning for healthcare: Patient Group Directions	m, n

1.4 Learning and assessment completed from other training providers

You can complete training courses and workshops delivered by other trainers, provided that they deliver the equivalent knowledge and learning outcomes to meet the competencies in Section A (as with the CPPE programmes listed). You should list non-CPPE learning and assessments you have completed in the table below.

Training/learning/competencies/assessment (list below)	List competencies covered from DoC framework

Specimen Declaration of Competence statement to provide an Oral Contraception Service

Pharmacy professional:	John Smith
GPhC number:	20202020

CPPE learning and assessment

The above pharmacy professional has accessed the following learning and successfully completed the listed assessment(s) from the Centre for Pharmacy Postgraduate Education (CPPE).

Oral Contraception service

This section will list personalised information on CPPE learning programmes and assessments and dates accessed and completed.

NB: e-learning and distance learning programmes are verified by successful completion of the associated assessments.

Learning and assessment completed from other providers (please add below)

Declaration by pharmacy professional: I declare that (please tick):

I meet the underlying professional core competencies outlined in statements 1 and 2.	
I have completed the self-assessment of service-specific competencies framework for the Oral Contraception Service and answered yes to ALL of the statements a to n.	
I have reviewed the local policies and documentation from commissioners for this service and reviewed and/or developed relevant SOP(s) in my practice.	
The information above is a true representation of my learning and assessment.	
I have the necessary knowledge and skills to deliver the Oral Contraception Service and can demonstrate these skills.	
I am a pharmacist and have signed and attached a copy of the relevant PGD(s) for this service which cover(s) the supply of the following medicine(s):	

Signature of pharmacist:

Date:

SPECIMEN